

CHILD HEALTH RESOURCES FOR FAMILIES AND CAREGIVERS

A TEAM EFFORT BY:

Translating Evidence in Child Health to Enhance Outcomes (ECHO Research) and
Alberta Research Centre for Health Evidence (ARCHE)
based at the University of Alberta.

We strive to provide parents and families with easy to understand, reliable health information.

We have a variety of resources for families on common childhood conditions. These resources are designed to provide evidence-based health information to parents and caregivers on the symptoms of common childhood conditions, how to manage them at home, and when to get help.

All of our resources are developed alongside health care providers, parents and caregivers.

Our resources cover topics such as:

- » [Anaphylaxis](#)
- » [Asthma](#)
- » [Bronchiolitis](#)
- » [Croup](#)
- » [Ear infections](#)
- » [Fever](#)
- » [Gastroenteritis](#)
- » [Needle pain](#)
- » [Urinary tract infections](#)

QUICK FACTS:

» We work directly with parents and families to develop resources that provide important information about child health

» We make sure our tools are interactive and informative, and are based on the latest evidence for children's emergency care

WHERE CAN YOU FIND OUR RESOURCES?

With the support of our strong network of collaborators and funders, all of our resources are available to the public for free.

» You can access our resources [via the ECHO website here](#).

» You can also find some of our resources on other Canadian child health websites, including:

- [Translating Emergency Knowledge for Kids \(TREKK\)](#)
- [Children's Hospital of Eastern Ontario \(CHEO\)](#)
- [Every Child Every Time](#)
- [Meg Foundation](#)
- [My Health Alberta](#)


» You may also see our videos when you visit hospitals, clinics, and primary care networks. Our videos play across Alberta through HUTV, and in hospital waiting rooms including:

- BC Children's Hospital (Vancouver, BC)
- Stollery Children's Hospital (Edmonton, AB)
- Winnipeg Health Sciences Centre (Winnipeg, MB)

WE'RE SOCIAL!

To stay up to date with our work, follow us on Twitter, Instagram, Facebook, and Reddit!

ECHO:

-  [@echoKTresearch](#)
-  [@echoKTofficial](#)
-  [@echoKTresearch](#)

ARCHE:

-  [@arche4evidence](#)

ARCHE and ECHO:

-  [@ArcheEchoKT](#)
-  [@ArcheEchoKT](#)
-  [@ArcheEchoKT](#)

You can also watch our informative videos on common childhood illnesses [here](#).

PARENT INVOLVEMENT:

» We have a group of parents, guardians, and grandparents from across Alberta in our Pediatric Parents' Advisory Group (P-PAG). Members meet regularly and act as advisors to our research and provide feedback to help improve our resources.

» We also have a broader virtual network across Canada called the Pediatric Parents' Consultation Network (P-PCN). Members provide online feedback on our resources.

Want to get involved?
[Click here to find out more.](#)