

How to give a 5-minute poster presentation

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Disclosure

No conflict of interest

Outline

- Your abstract
- Your poster
- Step by Step
- Your speech
- Do's and don'ts
- Your take home message
- Final take home message

Your abstract

- **Everything you need to prepare your poster presentation is in your abstract!**
- Your abstract is telling the story of your current research:
 - What is your research question?
 - How did you address your hypothesis?
 - Which are your results?
 - What do they mean?

Your abstract

Increased serum protein A in newborns from B pregnancies

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Introduction: Newborns from B pregnancies are at risk of ... We do not know whether protein A may ...

Methods: Newborns from B and healthy pregnancies... protein A was assessed by...

Results: Newborns from B and healthy pregnancies had increased protein A in serum versus...

Conclusion: Our data showed that... Our data suggest that protein A may be a...

Your poster

- Before start preparing your poster presentation: review the guidelines.

5-minute poster presentation

Each trainee will be assigned to a poster space with up to three other poster presenters. One dynamic slide may be used to support the presentation. Trainees have five minutes to present their research followed by up to three minutes of questions from poster judges. Poster judges may be WCHRI postdoctoral fellows or academic members.

Your poster



General Template for a 48" x 36" Poster

Name(s) of Contributors¹, Name(s) of Contributors², Name(s) of Contributors³

¹Institution Details, Address, Location, ²Institution Details, Address, Location, ³Institution Details, Address, Location

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ACKNOWLEDGEMENTS

It is imperative that you acknowledge funding of your research. Please use the WCHRI and Foundation [logo\(s\)](#) on your poster or presentation slides if your research has been supported by WCHRI.

The Power of Partnership



Introduction

- You
- Can
- Use
- Bullets

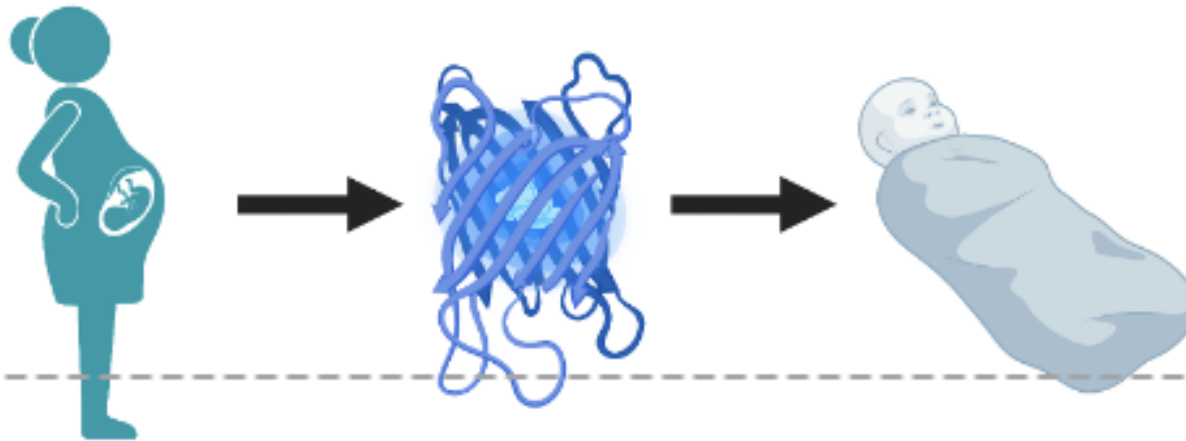


- Experimental design/
stats, etc



Introduction/background

- You
- Can
- Use
- Bullets



LOGOS!



Your email address

Your result



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**KEEP
CALM**

Your speech

- Communication, audience
- Introduce yourself (optional)
- Context → introduction: 1 minute
- Methods: 1 minute
- Results: most important part, 2:30 minutes
- Conclusion and acknowledgements: 30 seconds
- **Practice!!**

Do's and Don'ts



- Be professional
- Take your time to prepare presentation
- Easy to understand → tell a story
- Explain the relevance of your research
- Respect the "5-minute presentation"
- Practice
- Be well-prepared
- Check your audio and connection before your presentation



- Do not be late
- Avoid tiny figures and too wordy/crowdy poster
- Do not speak too fast
- Do not make assumptions on what the audience knows
- Do not provide unnecessary details
- **Do not be late**

Your take home message

You worked hard to get your data, tell us what you found and why is important!



Picture from commit-global.com

Final home message

< Relax, focus, practice and enjoy WCHRI
Research Day 2021 >

Thank you!

